

November 17, 2023 STAND meeting

Connections before content

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Links

Strategies from the masterclass

Go Grab X [Powerful Virtual Meeting Activity to Blend Analog and Digital - YouTube](#)

Show and share

Popcorn and Ping Pong [How To Interact With An Audience During A Presentation - YouTube](#)

Sentence completion and xtras [What Is A Good Icebreaker For A Meeting? - YouTube](#)

My favorite videos from Chad Littlefield

[Connection Before Content Ice Breaker #Shorts - YouTube](#)

[Connection Is A Fundamental Component Of Trust - YouTube](#)

[Virtual Engagement Through Name Calling #Shorts - YouTube](#) Cocktail party effect

[Hide Non-Video Zoom Participants #Shorts - YouTube](#)

[Using Visuals Other Than Just Powerpoint #Shorts - YouTube](#)

[Design For Contribution Not Consumption #Shorts - YouTube](#)

[Connection, Belonging and Trust Defined #Shorts - YouTube](#)

[A Choice Of Words Is A Choice Of Worlds #Shorts - YouTube](#)

[What are you committed to? #shorts - YouTube](#)

[Tell Me Something Good #shorts - YouTube](#)

[Just a tiny little digital hug #shorts - YouTube](#)

[How To Connect With Anyone In 60 Seconds - YouTube](#)

[How To Keep People's Attention During A Presentation | 3 Methods - YouTube](#)

[Stop Asking "How are you" - YouTube](#)

Chair/ Glasses Methods [Online Q&A Session Best Practices - YouTube](#)

Five Ingredients for a more engaging meeting [How To Make Online Meetings More Engaging - YouTube](#)

[5 Smart Ways To End A Meeting Or Event - YouTube](#)

Kat Vellos (look at her resources and books at www.weshouldgettogether.com)

ALTERNATIVES to "HOW ARE YOU?"

IT'S GOOD TO HEAR YOUR VOICE.	WHAT'S THE VIBE TODAY?	I'VE BEEN THINKING ABOUT YOU.	WHAT WOULD YOU LIKE TO TALK ABOUT OR NOT TALK ABOUT TODAY?	WHAT DID YOU DO TODAY?	I REALLY APPRECIATE YOU BEING IN MY LIFE.	DID ANYTHING MAKE YOU SMILE TODAY?
WHAT HAVE YOU BEEN THINKING ABOUT ?	WHAT'S IN YOUR TABS THESE DAYS?	WHAT HAVE YOU BEEN LISTENING TO ?	WANNA TAKE 3 DEEP BREATHS TOGETHER ?	I CARE ABOUT YOU.	WHAT'S ONE NICE THING YOU DID FOR YOURSELF LATELY?	I'VE BEEN LOOKING FORWARD TO TALKING TO YOU.
HOW'S YOUR HEART TODAY?	HOW HAVE YOU BEEN SLEEPING?	WHAT'S ALIVE FOR YOU IN THIS MOMENT?	WHAT WAS YOUR DAY (OR WEEK) LIKE?	WHAT ARE 2 EMOTIONS YOU'RE FEELING IN THIS MOMENT?	WHAT WOULD MAKE THIS A GOOD CONVERSATION FOR YOU ?	WHAT'S ONE THING YOU'RE LOOKING FORWARD TO?
HAS ANYTHING BEEN ON YOUR MIND THAT YOU WANT TO TALK ABOUT?	IS THERE ANYTHING YOU'D LOVE TO TALK ABOUT TODAY?	WHAT TOPICS ARE ON OR OFF THE TABLE TODAY?	I'M REALLY GLAD WE'RE FRIENDS.	SOMETHING I REALLY APPRECIATE ABOUT YOU IS: _____	IS THERE ANYTHING YOU NEED RIGHT NOW?	IF WE COULD TALK ABOUT ANYTHING YOU WANTED, WHAT WOULD IT BE ?
I MISS YOU SO MUCH.	{JUST LISTEN}	GET MORE CREATIVE CONNECTION IDEAS IN THE BOOK "CONNECTED FROM AFAR" BY @KATVELLOS_AUTHOR				