



# What's Next on my Coaching/Mentoring Journey?

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What skills would I like to strengthen? What would I like to get better at?

Who are some people in my life who are very good at those things? Who are some people in my life who may know people who are very good at those things?

What are some skills that I offer as a coach or mentor?

What are some ways I can expand my network?

What are some current coaching or mentoring relationships that I am involved in? How are they going? What would I like to change about them?

What is one thing I can/will do today to start or continue my mentoring/coaching journey?